

Use the following prompts to reflect on your hidden passion. That one thing that you love, but have been too afraid to share with the world.

**What has me HIDE IT/SHAME IT?**

**What am I MOST AFRAID will happen when I show it to the world?**

**What might be available to me if I brought ALL OF MYSELF to my life?**

**What is it COSTING ME to hide it?**

**What's the ONE STEP I could do to let people see this about me?**

When you've finished this worksheet, don't forget to go out and live your passion. Truly show who you are. Scream it from the rooftops!